INTRODUCTION

Cleanliness is very essential for a healthy & disease free life. The meaning of cleanliness to keeping our body & surrounding clean or tidy. we must to take the responsibility to clean or houses as well as locality, that's why government of India started a campaign Swachh Bharat Abhiyan that is running all over India for cleaning the roads, streets, and infrastructure of India's cities in the towns, rural & urban areas.

Swachh Bharat Abhiyan also include to eliminate the open defecation through the construction of household & community owned toilets. Everyone should have the knowledge about Swachh Bharat Abhiyan & also maintain the cleanliness in his daily life.

To cater to the twin problems of waste disposal and sanitation issues, the Prime Minister of India, Shri Narendra Modi, launched Swachh Bharat Mission on 2nd October 2014.

NEED FOR THE STUDY
The need for maintaining cleanliness, sanitation & hygiene in any community is play a vital role in each individual life because it directs impacts on health. The need of the study is to seeing awareness in people about Swachh Bharat Abhiyan & many how people doing practices in to their regular life.

According to a study that is done by WHO, lack of cleanliness leads to an annual loss of over Rs 6500 every year to each Indian, unhygienic surroundings are the main reasons behind several diseases that are prevalent in the country. An UN report shows that nearly 60% of India’s population practice open defecation which keeps them at the risk of diseases like cholera, diarrhea, typhoid, tapeworm and other enteric diseases. The water of river ganga is also not safe for bathing because it contains fecal coliform bacteria in large amounts.

Swachh Bharat Mission is a national level campaign that is launched by government for taking a major step towards the protection of degrading environment that aware people regarding importance of cleanliness in individual’s life. The need of this study is to seeing the awareness about Swachh Bharat Abhiyan and how many people practices in to their life.

AIM

The aim of the reviews is to improve the quality of life of people living in the rural areas & to motivate the people to maintain sanitation in rural areas.

OBJECTIVES

The objective of this review is to find the evidences of practice and awareness regarding Swachh Bharat Abhiyan.
METHODOLOGY

- Search strategy methods
  - Pub Med, Google scholar
  - Medlar, Medline
  - From the year of 2015 to 2019
  - Search strategy was limited to only English language
  - Keywords: Awareness, Practices, Swachh Bharat Abhiyan
  - Type of studies - Quantitative study
  - Type of participants - Adults, Senior Citizens, Children
  - Settings - college, Rural & Urban areas

PRISMA FLOW CHART
Records identified through database search (n=1492)

Additional records identified through other sources (n=0)

Number of records included after de-duplication (n=865)

Records screened (n=77)

Records excluded (n=788)
(Rest of the articles excluded because they don’t match with the study criteria)

Studies included in qualitative synthesis (n=5)
(Meta-analysis was not done)

Full text articles assessed for eligibility (n=20)
(Remaining records were only abstracts)

Full text articles excluded due to irrelevant content and subscription (n=57)

Studies not included to the quantitative synthesis (n=15)
<table>
<thead>
<tr>
<th>SRNO &amp; AUTHOR</th>
<th>SOURCE &amp; TITLE</th>
<th>SETTING</th>
<th>VARIABLES</th>
<th>INSTRUMENTS</th>
<th>SAMPLE &amp; SAMPLE TECHNIQUE</th>
<th>DESIGN</th>
<th>FINDINGS</th>
<th>CONCLUSION</th>
</tr>
</thead>
<tbody>
<tr>
<td>1. Praveen suthar, nitin kumar joshi and vibha joshi</td>
<td>Study On the perception of Swachh Bharat Abhiyan and attitude towards cleanliness among the</td>
<td>Jodhpur</td>
<td>Perception on SBA.</td>
<td>Semi structured questionnaire</td>
<td>Above 18 years</td>
<td>Cross sectional</td>
<td>the male &amp; female have good attitude towards Swachh Bharat Abhiyan &amp; the perception of them towards Swachh Bharat Abhiyan is also positive.</td>
<td>Existing knowledge about SBA and perception towards cleanliness among participants were positive but still there is need of programme and</td>
</tr>
</tbody>
</table>
residents strategies that will help the people adopting proper cleanliness, hygiene and sanitation practices.


Study to assess knowledge, perception and practices regarding Swachh Bharat Abhiyan in Telangana state.

Knowledge, Perception, practices

Semi structured questionnaire

Random sampling

Cross sectional

Participants have good knowledge about Swachh Bharat Abhiyan & doing adequate practices & they are having positive attitude towards Swachh Bharat Abhiyan.

Though most of the people were having positive perception only 25.98% have participated in SBA activities and main source of information was found to be television and.
The proportion of people disposing solid waste in community bins and use soap water for hygiene.

Snehlata Singh, Neelma Kunwar & Anchal Sharma

**Impact of Swachh Bharat Abhiyan in Indian Society**

- **Kanpur district**
- **Knowledge & practices**
- **Self structured questionnaire**
- **Random sampling**
  - 400 samples
  - 100 male
  - 100 female
  - 100 children
  - 100 senior citizens

This program is effective as it is changing the people in the society. Common people are also participating in this programme.
<table>
<thead>
<tr>
<th>Mrs B. Kokilaamma, S. Hemlatha, Dr P. Sudharani &amp; Dr M. Sreelatha</th>
<th>A study to assess the effectiveness of structured teaching programme on knowledge regarding health aspects of Swachh Bharat mission among art students at SPW degree college Tirupati.</th>
<th>Effectiveness</th>
<th>Structured teaching programme</th>
<th>50 arts students</th>
<th>Pre experimental design (Pre &amp; post intervention)</th>
<th>Implementation of STP was effectively improved the knowledge of arts students.</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>Sri Padmavati women’s degree college in Tirupati.</td>
<td></td>
<td></td>
<td></td>
<td>In 50 arts students have 36 participants have inadequate knowledge, 9 have moderate knowledge &amp; 2 have adequate knowledge before STP. After STP 39 participants have adequate knowledge, 13 have moderate &amp; 3 have inadequate knowledge</td>
<td></td>
</tr>
<tr>
<td>5 Dr Pitabas Pradhan</td>
<td>Swachh Bharat Abhiyan &amp; the Indian media</td>
<td>Attitude towards clean India</td>
<td>Self structured questionnaire</td>
<td>100 respondents Random sample technique</td>
<td>Cross sectional study</td>
<td>76% respondents are satisfied about change in last 2 years in the attitude of people. 15% respondents are not satisfied. 9% respondents are not aware about Swachh Bharat Abhiyan.</td>
</tr>
</tbody>
</table>

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SUMMARY OF FINDINGS

The available literature was refined to get 5 quantitative studies: Out of 5 articles 3 articles shows the knowledge on Swachh Bharat Abhiyan In which 3 studies are showing good level of knowledge & participants are doing adequate level of practices, another 2 studies are showing good perception of people & attitude towards Swachh Bharat Abhiyan is also positive. 1 study shows that people have poor knowledge before STP but after STP they have good knowledge.

DISCUSSION

IMPORTANCE IN EDUCATION

Cleanliness should be included in the curriculum at all levels because of not maintaining the cleanliness & hygiene people suffer from many contagious diseases. So it is very necessary to have the knowledge about cleanliness and practice the maintenance the cleanliness in to their regular life for maintain the health of the people.

FUTURE SIGNIFICANCE

Cleanliness is important for everyone & to do practices in to their regular life keep the people healthy and prevent from many diseases.

LIMITATION

- Database search was limited.
- Search strategy was refined to assess the Awareness and practices regarding Swachh Bharat Abhiyan.
- Meta – analysis will give more accuracy.
● Review was limited to only adults, senior citizens, children.

STRENGTH AND WEAKNESS

STRENGTH

● Article search was carried out on a significant criteria.

WEAKNESS

● Only 5 articles were included for data synthesis due to limitations.

● Meta-analysis was not done, only qualitative synthesis done for this review.

● Articles mainly focused on attitude, Awareness, Effectiveness and practices regarding Swachh Bharat Abhiyan.

CONCLUSION

It is very essential to Have the knowledge about cleanliness that how much important it is? This mission has an interesting theme of inviting nine new people by each person involved in the campaign and continuing this chain until each and every citizen of India gets involved in this campaign. The people should be aware about swachh bharat abhiyan and they should also need to do practices in to their regular life.
ACKNOWLEDGEMENT

Author of this narrative review their sincere gratitude to all the authors of the original research articles that have been found useful to write this narrative review.

- Praveen sutharet. et al
- Kishore yadav et al
- Snehlata.et al
- B Kokilaamma et.al
- Pitabas.et al