SYSTEMATIC REVIEW ON EMOTIONAL INTELLIGENCE OF WOMEN

1. Abhilasha Kumari, Research Scholar (Education Department) Jaipur National University, Jaipur Rajasthan
2. (Dr.) Subha Vyash, Professor (Research Guide) Jaipur National University, Jaipur Rajasthan

Abstract: People having high emotional intelligence are usually positive most of the time. As, they find a way to solution instead of crying for it. Generally they avoid complaining about the situations. It becomes easier for highly emotional intelligent people to come up with difficult situations and alter people with different temperament and individuality.

This paper is an extract of the research entitled Development of Emotional Intelligence Module and its Effectiveness with Reference to Emotional Competencies for Upper Primary School Tribal Students of Ranchi District.

Key Words: Emotional Intelligence, People ,Temperament and Upper Primary School.

Introduction

Emotional intelligence includes usage of cognition and emotions to function in managing the emotions of oneself as well as understanding emotions of others. It has been observed that a person with higher EI can notice, realize and communicate emotions more accurately and develops feelings when ever needed to improve relationship either with oneself or with others. The term first appeared in “the Communication of Emotional Meaning” by Robert Davitz and Michael Beldoch. Latter in 1995 Daniel Goleman published a book entitled “Emotional Intelligence”. Goleman defined emotional intelligence as the array of skills and characteristics that drive leadership performance. At present there are numerous models of emotional intelligence. The three main emotional intelligence models are: mixed model, ability model and trait model. Goleman’s original model now considered as the mixed model that combines both the ability model and trait model. The trait model was developed by Konstantinos V. Petrides in 2001. In 2004 Peter Salovey and John Mayer developed the ability model to regulate emotional information and utilize it to steer the social environment. Joseph and Newman in 2010 conducted a study on Emotional Intelligence: An Integrative Meta-Analysis and Cascading Model through this they found negative correlation between emotional intelligence and teamwork. Further an explanation for this was given which suggested that women had higher emotional intelligence score to men. Higher emotional intelligence motivates us to be tougher interior motivators, which can diminish anxiety and will increase self awareness and motivation.
Reviews

Fida, Asfandyar, Ghaffar, Abdul, Zaman, Amir, Satti, Asif Niwaz in 2018 through their study gender comparison of emotional intelligence of university students revealed that the emotional intelligence of female learners were more than the male.

Musonda and Allan(2017) Algebraic Competences and Emotional Intelligence of First Year Bachelor of Science Education Students at the Copperbelt University in Zambia proved that female students are dwelling higher emotional intelligence as compared to males.

Ates and Ayse(2019) The Impact of the Emotional Intelligence of Learners of Turkish as a Foreign Language on Reading Comprehension Skills and Reading Anxiety aimed to find out whether the emotional intelligence of learners influences the reading comprehension proficiencies and reading nervousness. It was demonstrated that the score of emotional intelligence of female students were more than male.

Weigand and Robert(2017) Identifying Emotional Intelligence and Metacognition in Medical Education proved through their research that women are emotionally intelligent as compared to men as they scored higher in recognizing emotions.

Llego and Jordan Hso (2017) Demographic Influence on Emotional Intelligence of Science Technology and Engineering Teachers in Region 1 Phillippines revealed that the female candidates can highly assess others’ emotions and can also manage to examine their own emotions.

Conclusion:

From the above study of the review of various literatures, it can be identified that women have higher emotional intelligence. They can easily understand and handle the emotions of themselves and also of others. Emotional intelligence in women leads in better relationships with their colleagues improves their problem solving abilities and enhance their leadership qualities.
References:

1) Ates, Ayse. (2019). The Impact of the Emotional Intelligence of Learners of Turkish as a Foreign Language on Reading Comprehension Skills and Reading Anxiety. *Universal journal of educational research.* 7(2),571-579.


